

Name	Address	Contact	Open	Info
A & E	Conquest Hospital, The Ridge	01424 755255	24 hrs, all year round	Emergency Health Care
BHT Hastings Advice	Renaissance House, London Road	01424 452618	Mon-Fri 9am-4.30pm	Housing legal advice
Carisbrooke Surgery	Falaise Road	01424 423190/422864	Ring for appointments	GPs, Nurse
Citizens Advice 1066	Renaissance House, London Road, St Leonards	Tel. advice Mon-Fri 9-4: 03444 111 444 Textphone: 03444 111 445	Drop in Mon-Fri 9am-4pm	Money advice & general advice, incl. benefits & housing Emergency dental for weekdays, start ringing at 6:30pm. Weekends/bank holiday start ringing 9am
CGL The Portal Domestic Violence Service	FSN, 66 London Road, St Leonards	01424716629/03003239985 www.theportal.org.uk	Mon-Fri 9-5: ring for appointments	Domestic abuse support
Dentist (Emergency)	Arthur Blackman Clinic, Battle Road	01424 850792	Ring after 6.30pm for appt. Don't just turn up	NHS emergency dental service
Xtrax	23a Priory Street, Hastings	01424 722524	Mon/Wed 4-7pm, Fri 4-9pm	Support services for 16-24 Housing, Health, socialising
East Sussex County Council Children's Services	Ocean House, 87-89 London Road, St Leonards	01424 724130	Mon-Thus 8.30-5pm Fri 8.30-4.30pm	Support & advice for 16/17 year olds - housing needs
East Sussex Recovery Alliance (ESRA)	5 Harold Place, Hastings, East Sussex, TN34 1JA	jacqui@esrauk.org 01424 435318	Mon-Fri 9.30am-3.30pm	Recovery groups, art, music. Support in recovery
HARC (Hastings Advice & Representation Centre)	Renaissance House, London Road, St Leonards	01424 428375 Benefits & Debt Advice Project Helpline	For apps Mon-Fri 9-4.30pm Tel Mon-Fri 9am-5pm	Advice & Representation on all welfare benefits, including universal credits
<i>Benefit advice also available via</i>	<i>East Sussex Welfare Benefits Helpline:</i>	0333 3440681	Mon-Fri 9-5	
Hastings Borough Council Housing Services	Town Hall, Queens Road, Hastings E: housingadvice@hastings.gov.uk	01424 451100 (Out of hours 451999)	Mon-Fri 10am-4pm	Advice & assistance with housing/homelessness
Home Works	referrals@home-works.org.uk	01273 898700/0777337754	Call for more info	16-64 year olds facing difficulties with their housing or need to find a home
Hope Kitchen	Wellington Square Baptist Church		Thurs & Sat 7.30-9pm	Soup kitchen, support
i-Rock	Rock House, 49-51 Cambridge Road	irockhastings@gmail.com	Mon/Weds/Fri 10am-6pm (drop in)	Housing advice, mental health support & more, ages 14-25
'Links' BME One Stop Shop	Concordia Hall, Church Road, St Leonards		Weds 10.30am-4pm	Advice & support on health, housing, immigration etc
Night Church	1st Sat of every month at Holy Trinity, Robertson Street. 10pm 'til late		3rd Sat of every month at St. Clements, Swan Terrace/High St, Hastings. 9pm to 12	Food, Hot Drinks, Warm Welcome
Safehaven Women Safehaven Men	Holy Trinity Church, Robertson Street (Entrance on Claremont)	Women: hthchurch.org Men: tim.bell@hthchurch.org	Women: Drop in Thurs 12.30-2.30pm Men: Drop in Mon 10am-12pm (Term time only)	Women: Relax, pamper, food, drinks, clothes craft activities Men: Hot food, Board games, Newspapers, clothes etc
Safespace	His Place Cafe, 45 Robertson Street, Hastings TN34 1HL	Jo Palmer - 07379 894792	Sat night 10pm - 4am	Refuge service, incl. first aid and well-being assessments for any vulnerable person in need during the night
Salvation Army	St Andrew's Square, Hastings	01424 437296/07807 712439	Drop in Thurs 10.30-12pm	General support, advice, refreshments etc
Seaview Project	Southwater Road, St Leonards	01424 717981	Mon-Tues 10-4, Weds 10-2, Thurs 8.30-2.30, Fri 10-4	Day centre: foodbank vouchers, Housing & benefits advice, showers, laundry, clothing etc
STAR Drug & Alcohol Service	Thrift House, Wellington Place, Hastings	0300 30 38 160	Ring or drop in for more details	Drug & alcohol services, incl. needle exchange
Station Plaza Health Centre	Station Plaza Health Centre, Hastings	Walk in: 884410 Station Practice: 464756 Sexual health: 464750	Walk in centre: 8am-8pm, 7 days a week	Walk in health centre. GP surgeries. Sexual health clinics.
STEPS East	Ocean House, 87-89 London Road, St Leonards	0300 123 2422 Referrals@stepseast.co.uk	Mon-Fri 9-5pm	Helping people 65 & over facing housing difficulties
St John Ambulance Homeless Service	Clinics at Seaview & Hope Kitchen	01424 435358	At Seaview: Mon/Tues/Fri 12-2pm, Thurs 10-1pm, at H/Kitchen Sat 7.30-9pm	Wound care, health advice, nurse prescribing, foot care
Street Link	www.streetlink.org.uk	0300 5000914	PLEASE REFER ANY KNOWN ROUGH	SLEEPERS TO OUTREACH SERVICES VIA STREETLINK
Street Pastors	Street service, Hastings	07964 167870	10pm-3am Sat & alternate Thurs/Fri	Listening, caring & helping street service
Sussex Police	Bohemia Road, Hastings	999 or 01273 470101	24 hrs, all year round Front office: Mon-Sat 9am-8pm	Emergency services
'Walk Into Well-being'	WRVS Centre, South Street, St Leonards	0300 0030 130	Thursdays 2-6pm	Walk in centre for mental health support & advice
Warrior Square Surgery	Marlborough House, Warrior Square	01424 434151	Ring for appts	GPs, Nurse

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